

Dissertation Title : A Study of the Process for Spiritual Healing of the Volunteer Spirit Group of Gilanadhamma Bhikkhus at the Faculty of Medicine Vajira Hospital, Navamindradhiraj University

Researcher : Chonlatorn Thavornkochakorn

Degree : Master of Arts (Life and Death Studies)

Dissertation Supervisory Committee

: PhrakhrusangkarukEkapatra Abhichando Asst. Prof., B.A. (Eng.), M.A. (Clinical Psychology), Ph.D. (Psychology)

: Asst. Prof. Sara Mukdee B.Ed. (Nursing Science), M.A. (Counseling Psychology)

Date of Graduation : 11 February 2015

Abstract

This research is a qualitative research, which aims to study the process of healing the spiritual aspect of the patients by the Volunteer Spirit Group of Gilanadhamma Bhikkhus at the Faculty of Medicine Vajira Hospital, Navamindradhiraj University. The field research was conducted by semi-structured In-depth Interviews and focus group, each from five monks of the Spirit Group of Gilanadhamma Bhikkhus volunteered to work at the Faculty of Medicine Vajira Hospital, Navamindradhiraj University. This research was conducted by using the semi-structured Interviews, then the descriptive statistics, and presented as an overview of descriptive narration. A duration of research is from February 2014 to January 2015.

Its results showed that stages of the healing process for patients by the spiritual aspect of the Volunteer Spirit Group of Gilanadhamma Bhikkhus are like: 1) Growing Faith (on the basis of trust) is primarily used in the healing process of the patients. As a first step in building a good relationship with the patients. 2) Finding the suffering. This will examines the mind of the patients to look for the crux of their life. This is a state of oppressing the patients' mind and affecting the body's illness that they already have. 3) Pursue them to share the crux. The keeper pursues the patients to share their crux, they will feel more relax, even if only for a while. By helping the patients to stay with their conscious present, they will have time to think over and prepare to face the upcoming problems. Some patients may be able to solve their problems by themselves by depending on their wisdom. 4) Elucidating

The Four Noble Truths (about a cessation of sufferings). Most of the patients can see their sufferings, if the monks who treat patients pursue them to share about their sufferings first, so that the patients stay with their conscious present. Then, monks will bring in the Four Noble Truths and adapt it according to each case of patients. As a result, the patients will be able to see the path leading to the cessation of suffering by themselves. 5) Backing with Dharma. By bringing in Buddha's Dharma, it can help a lot with healing. For example, The Four Noble Truths will be covered as the overall picture. The path leading to the cessation of suffering is the Noble Eightfold, which is the Threefold Training. On other hands the seven constitutions (Bojjhanga) are the Dharma that is the cause of cessation of sufferings along with the Three Characteristics. However, the patients must have four divine states (Bhramavihāra) as their virtues. 6) According to look cognizant and accept peaceful nature. For the dying patients, if their mind has been healed properly, the patients will be able to accept the reality of their own and learn to let it be and leave with peacefulness. Moreover, this will also help the relatives of the deceased patients, learn to accept and understand the nature of life more and more.